



EDP CIRCUIT 2026 · ROUND 4

EDP ACADEMY

Train to compete · Groups by playing level

18–19 NOV
2026
SEVILLE

16 places · Groups by level

Icónico Sports & Social Club · C. Economía 11-13

Men: Gold (2nd), Silver (3rd) and Bronze (3B) · **Women:** Platinum (1st).

We are all one · groups by playing level, not by competition category.

Professional coach · Accessible communication · Sports psychology · individual sessions available during training.

WEDNESDAY 18 PARTNER COORDINATION

15:15 Welcome and ice-breaker

all together with Women & Padel

15:45 Coordination matches with your circuit partner

the coach watches, stops, corrects and play goes on · if your circuit partner is not in Academy, you train with a partner of similar level

17:30 End of court session

THURSDAY 19 FROM TRAINING TO THE MATCH

09:00 Warm-up

09:15 Technical and tactical training

take it to the Final Challenge at 11:30

11:30 Mixed King of the Court · FINAL CHALLENGE

with Women & Padel

13:15 Stretching

13:45 Free lunch

THURSDAY 19 · AFTERNOON COOL HEAD

15:15 THE POINT THAT SLIPS AWAY

tension with your partner, the lead you lose, the game you can't close: how to stay in control in competition

16:00 FROM THE HEAD TO THE COURT

your obstacle, put into play

17:15 IPMA · HOW TO BE VISIBLE

with Women & Padel · image, interviews, social media: how to tell your story and reach sponsors and partners

18:30 Family photo

Registration deadline: 9 November 2026 or until the 16 places are filled. Groups are formed once registration closes.

Free lunch for those attending the full programme; otherwise the menu price will be charged.

Free registration at www.europeandeafpadel.com